

Today's Date: \_\_\_\_\_

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## Patient Care Information Form

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_ Occupation: \_\_\_\_\_

Email address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

**The following information will be used to help plan safe & effective massage sessions.  
Please answer the questions to the best of your knowledge.**

How would you rate your general health? \_\_\_\_\_

Do you have any previous experience with Massage Therapy? \_\_\_\_\_ Last treatment date: \_\_\_\_\_

Is there a particular area of the body where you are experiencing tension, stiffness, pain, discomfort?  
\_\_\_\_\_

Are you currently under medical supervision? If so, please describe the reason:  
\_\_\_\_\_

List current medications & conditions they are treating:  
\_\_\_\_\_

List any accidents &/or surgeries:  
\_\_\_\_\_  
\_\_\_\_\_

Is there anything about your health history that you think would be useful for your massage practitioner to know to plan a safe & effective massage sessions for you:  
\_\_\_\_\_